

**FRIES**

**BREAKFAST**

**GOOD PEOPLE  
GOOD FOOD**



BLUESTAR\_YYC



BLUESTAR\_YYC



BLUESTARDINER

**+**

**BLUE STAR  
DINER**



**BURGERS**

**OPEN DAILY**

**8AM - LAST SEATING 10PM  
UNLESS OTHERWISE STATED**



**VEGAN AWARE  
AVAILABLE**



**GLUTEN AWARE  
AVAILABLE**

**JUST ASK.**

**809 - 1ST AVE NE  
403.261.9998**

**BLUESTARDINER.CA**

★  
**GIFT CERTIFICATES  
AVAILABLE**



**BLUESTAR  
'S BRIDGELAND**



By purchasing one of our feature Mealshare menu items you're providing a meal for someone in need. For more information please ask your server or visit [Mealshare.ca](http://Mealshare.ca)



### CLASSIC BREAKFAST \$15

Two eggs any style, red potato hash browns, toast and your choice of: maple pork sausage | chorizo sausage | apple chicken sausage | naturally cured bacon | fresh tomato & avocado  
Make it gluten free, sub house made cornbread or gluten free bun + \$2



### TRIPLE DOUBLE \$20

3 eggs, 2 maple pork sausages, 2 apple chicken sausages, 2 strips of naturally cured bacon, red potato hash browns & toast.

### BREAKFAST SAMMY \$18.5

2 eggs, naturally cured bacon, smoked mozzarella, tomato, pesto mayo, avocado on sourdough toast, red potato hash browns.



### HUEVOS RANCHEROS \$18.5

Corn tostadas, refried beans, bell peppers, pickled onions, corn & black bean salsa, peppered gouda, 2 sunny side eggs, avocado, red potato hash browns.  
+ chorizo | chicken mole | jackfruit \$5.5



### JOURNEY BOWL \$17

Thai green curry, brown rice, pumpkin & sunflower seeds, kale, carrot, beet, cilantro, crushed avocado, sriracha tofunaise, ginger lime vinaigrette.  
+ 1 egg any style \$2.25  
+ chickpea falafel | fried tofu \$3.5  
+ grilled chicken breast \$6.5

### BLUESTAR BURRITO \$18

3 scrambled eggs, bell peppers, pickled red onion, mixed mushrooms, aged cheddar, refried beans, crushed avocado, flour tortilla, red potato hash browns.  
+ sub egg whites \$1  
+ maple pork sausage | chorizo sausage | apple chicken sausage | naturally cured bacon | chicken mole | pulled jackfruit \$5.5

### BUTTERMILK PANCAKES \$12

3 buttermilk pancakes, maple syrup, fresh berries.  
+ banana, Nutella, cinnamon icing \$4.5  
+ triple berry compote, fresh berries, raisin butter, bourbon maple syrup \$5.5

### FRIED CHICKEN & PANCAKES \$20.5

Buttermilk pancakes, fried chicken breast, naturally cured bacon, sunny up egg, red eye gravy, chili butter, bourbon maple syrup.  
+ sub house made gluten free corn waffle \$1  
+ make it Nashville style (no charge)



### STEEL CUT OATMEAL \$12 (your choice of 2% or almond milk)

Triple berry compote, fresh berries, organic granola, maple syrup, freeze dried raspberries, chia seeds, toasted flax seed & hemp hearts.



### COCONUT YOGURT PARFAIT \$13

Coconut Greek yogurt (contains dairy), triple berry purée, organic granola, freeze dried raspberries, fresh berries, chia seeds, raw honey, hemp hearts.

### BRIOCHE FRENCH TOAST \$12

3 slices brioche french toast, maple syrup, fresh berries.  
+ triple berry compote, walnuts, raisin butter, bourbon maple syrup \$5.5  
+ house-made chorizo, bacon, queso sauce, mushroom, sunny up egg \$8



## BSD HASH BOWLS

Served with toast.

+ sub gluten free bun (contains egg) | gluten free cornbread (contains dairy) \$2



### BRAISED LAMB \$19.5

Sautéed kale, roasted red peppers, grilled zucchini, mixed mushrooms, caramelized onion, feta cheese, red potato hash browns, 2 poached eggs, hollandaise sauce, microgreens.



### CHICKEN MOLE \$19.5

Roasted red peppers, sautéed kale, pickled red onions, feta cheese, parsley, sesame seeds, red potato hash browns, 2 poached eggs, hollandaise sauce, microgreens.



### BRIDGELAND HASH \$20

Chorizo, bacon, roasted red peppers, mixed mixed mushrooms, caramelized onions, queso sauce, sautéed kale, red potato hash browns, 2 poached eggs, hollandaise sauce, parsley, green onion, microgreens.



### PULLED JACKFRUIT HASH \$17.5

Kale, cherry tomatoes, bell peppers, grilled zucchini, mixed mushrooms, pulled jackfruit, roasted sweet potato, avocado crema.  
+ 1 egg any style \$2



### BENNIES \$18.5

2 poached eggs, red potato hash browns, toasted english muffin, hollandaise sauce.  
+ sub gluten free corn waffle (contains dairy), instead of muffin \$2  
+ sub gluten free bun (contains egg), instead of muffin \$2

★ BACON & GRILLED TOMATO

★ SMOKED SALMON & AVOCADO, PICKLED RED ONION

★ SAUTÉED KALE & MIXED MUSHROOM

★ CRAB & SHRIMP CAKE & PICKLED RED ONION (NO ENGLISH MUFFIN)



### THREE EGG OMELETTES \$19

Red potato hash browns and toast.  
+ sub gluten free bun | gluten free cornbread \$2  
+ sub egg whites \$1

★ MUSHROOM & 3 CHEESE

Mixed mushrooms, smoked mozzarella, aged cheddar, gruyère cheese, crème fraîche.

★ MEDITERRANEAN

Feta cheese, mixed mushrooms, roasted red peppers, grilled zucchini, pesto chicken.

★ ALL IN

Naturally cured bacon, maple sausage, back bacon, mixed mushrooms, bell peppers, peppered gouda, green onion.

## SIDES

house cut fries \$5

yam fries \$5

red potato hash browns \$5

seasonal fruit \$6.5

free range egg \$2.25

1/2 grapefruit \$3.5

1/2 avocado \$4.25

toasted corn tortilla \$2.25

hollandaise sauce \$2

hemp hearts \$2.25

gluten free bun \$4.25

chicken mole \$5.5

focaccia \$3.5

brioche french toast (1 slice) \$5

butter milk pancake (1) \$5

naturally cured bacon \$5.5

maple breakfast sausage \$5.5

chorizo sausage \$5.5

apple chicken sausage \$5.5

toast (multigrain or sourdough) \$4

house-made cornbread (gf) \$4.25

house-made corn waffle (gf) \$5

marinated tofu \$3.5

# LUNCH



## SOUPS & SALAD

Served with focaccia bread.

+ sub gluten free bun | gluten free cornbread \$2

### BSD SALAD SM \$8 LG \$13

Changes with the seasons, please ask your server.

+ chickpea falafel \$3.5

+ grilled chicken breast \$6.5



### KALE CAESAR SM \$8 LG \$13

Chickpea croutons, nutritional yeast, toasted pumpkin & sunflower seeds, confit garlic dressing.

+ chickpea falafel \$3.5

+ seared pork belly \$5.5

+ grilled chicken \$6.5

### SOUP OF THE MOMENT CUP \$7 BOWL \$12

Changes often. Please ask your server.



### THAI CURRY YAM SOUP CUP \$6.5 BOWL \$10.5

Cilantro, pumpkin seeds, Korean chili.



### ALBERTA BISON CHILI CUP \$10.5 BOWL \$15

Aged cheddar, sour cream, green onion, cherry tomato.

## SANDWICHES

House cut kennebec fries, bread & butter pickles.

+ sub soup | yam fries \$2

+ sub kimchi fries | truffle fries | citrus fries | kale caesar | BSD salad \$3.5

+ sub dirty fries \$4



### BUTTERMILK FRIED CHICKEN SANDWICH \$20

Crispy capicola, raw honey, Tuscan mixed greens, tomato, pickled red onion, roasted shallot mayo, pretzel bun, Korean chili flakes.

+ sub gluten free bun \$2

+ make it Nashville style (no charge)

### FRENCH ONION GRILLED CHEESE \$17.5

Gruyère cheese, chopped bacon, roasted shallot mayo, sourdough bread.

### PESTO GRILLED CHEESE \$15.5

Gruyère cheese, smoked mozzarella, pesto, multigrain bread.

### ALBERTA LAMB NAANWICH \$19

Corned lamb, roasted garlic tahini sauce, za'atar spice, pickled red onion, Anaheim peppers, Tuscan mixed greens, tomato, feta cheese, red harissa.

+ sub chicken or falafel at no charge

### PORK BELLY KIMCHI MELT \$20

Seared Alberta pork belly, house-made kimchi, queso sauce, arugula, microgreens, mixed mushrooms, sriracha tofunaise, ciabatta bun.



### BBQ PULLED JACKFRUIT SANDWICH \$19

House-made BBQ sauce, bread & butter pickles, red cabbage slaw, Anaheim peppers, crispy fried onions.

+ sub gluten free bun (contains egg) \$2

# LUNCH



## BURGERS

Locally and conscientiously raised free range and hormone free beef.  
House cut kennebec fries, bread & butter pickles. Served on a pretzel bun.  
+ sub gluten free bun \$2  
+ sub soup | yam fries \$2  
+ sub kimchi fries | truffle fries | citrus fries | kale caesar | BSD salad \$3.5  
+ sub dirty fries \$4

### DL BURGER \$17

Dry aged Alberta beef, tomato, Tuscan mixed greens, pickled red onion, DL burger mayo.  
+ aged cheddar | gruyère | peppered gouda | smoked mozzarella \$2.5  
+ sautéed mushrooms \$2  
+ naturally cured bacon \$3.5  
+ 1 egg any style \$2

### SPICY CHORIZO BURGER \$20

House-made chorizo, peppered gouda, chili mayo, tomato, Tuscan mixed greens, balsamic onion, bacon & apple reduction.



### BSD BISON BURGER \$22

Shallot mayo, caramelized onions, queso sauce, mixed mushrooms, Tuscan mixed greens, tomato.



## VEGGIE BURGERS

"People Food" veggie patties are vegan, gluten free, made with all natural ingredients in Calgary.  
House cut kennebec fires, bread & butter pickles. Served on a vegan multigrain bun.  
+ sub gluten free bun (contains egg) \$2  
+ sub soup | yam fries \$2  
+ sub kimchi | truffle fries | citrus fries | kale caesar | BSD salad \$3.5  
+ sub dirty fries \$4



### PESTO VEGGIE BURGER \$18.5

Arugula, tomato, sautéed mushrooms, roasted bell peppers, vegan pesto, sriracha tofunaise, caramelized onions, avocado.

### BSD VEGGIE BURGER \$20

Red pepper mayo, smoked mozzarella, marinated portobello mushrooms, crushed avocado, smoky sweet potato chips, Tuscan mixed greens, tomato.

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Please be aware that our kitchen contains soy, dairy, eggs, gluten, nuts, and other allergens. While we do our best to accommodate guests with allergies, there is always a risk of cross contamination.

Consumption of raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.  
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**We are proud to carry on the tradition of the small, independently owned neighbourhood business. Our mission is to connect, grow & strengthen our community - one that includes our staff, customers, neighbours, farmers & suppliers with whom we work. We support local and organic farming because we like good people, good food & we care about our planet.**

# *Sharing the right to eat.*

Mealshare is a non-profit that works with restaurants to help end youth hunger. It was started right here by two young Calgarians, Jeremy Bryant and Andrew Hall.

Blue Star Diner and Dairy Lane Cafe are proud to be Mealshare's Founding Partner Restaurants - we were the first restaurants to offer the program back in July 2013.

Our owner, Shayne, has been heavily involved since the beginning - initially helping to get the program off the ground, and now providing advice through his role on Mealshare's Board of Advisors.

BSD and DLC have shared nearly 50,000 meals through Mealshare. Blue Star Diner was proud to serve Mealshare's one millionth meal back in 2016.

We hope you enjoy your meal today, knowing that your orders are helping end youth hunger! As always, we're all in this together.

