

Breakfast/Lunch

Please inform us of allergies and preferences
All of our deep fried products are gluten free

★ Gluten free option please enquire ★ Vegan option please enquire

Breakfast

Substitute gluten free bun \$2
Substitute tomato slices or 1/2 grapefruit for hash brown \$1.50
Substitute fresh fruit for hash brown \$2.50

★ **Two Eggs Any Style** \$9.50
2 Sylvan Star eggs with local red potato hash browns & toast
Add Broek Pork sausage, Spolumbo's chicken sausage, local naturally cured bacon for \$4.50

★ **Triple Double** \$15.75
3 Sylvan Star eggs, Broek Pork sausage, Spolumbo's chicken sausage & local naturally cured bacon. Served with local red potato hash browns & Engel's toast

Bridgeland Breakfast Sammy \$13.35
2 Sylvan Star fried eggs with local naturally cured bacon, fresh basil, Gull Valley tomatoes, Sylvan Star gruyere and homemade pesto mayo on Engel's sourdough toast. Served with local red potato hash browns

★ **Huevos Rancheros** \$13.35
Crispy corn tostadas topped with refried beans, onions, peppers, black bean cilantro salsa, Sylvan Star peppered gouda and two free-range Sylvan Star sunny side eggs, garnished with avocado, sour cream & salsa
Add Broek Pork Sausage or Spolumbo's chicken sausage for \$4.50

★ **Fruit Yogurt & Granola** \$12.00
Selection of fresh fruits with fat free french vanilla yogurt & Going Nuts granola. Served with maple syrup on the side
Add Hemp Hearts for \$2.00

★ **Hot Cereal** \$9.75
100% whole grain oats with flax & organic cane sugar. Topped your choice of: warm berry compote OR Pumpkin and toasted walnut served with your choice of cream, milk, or soy milk on the side
Add Hemp Hearts for \$2.00

★ **Vegan Scramble** \$15.25
Maple & coconut curry, diced tofu, sun-dried tomato, basil, bell pepper, red onion, mushroom, avocado, grilled tomato, with a side of fresh berries and your choice of corn tortilla or Engels toast

★ **Chipotle Pulled Pork Hash** \$15.25
Chipotle braised Broek Pork shoulder with sweet potato, bell peppers, mushroom, caramelized red onion with soft poached eggs, garnished with smoked paprika & parsley

Blueberry Banana Pancakes \$10.50
Two homemade, whole wheat buttermilk pancakes with bananas and blueberries inside. Served with maple syrup & fresh fruit on the side

Stuffed French Toast \$12.75
Served with local red potato hash browns, your choice of:
- Cinnamon cream cheese & homemade field berry compote or
- Sautéed herb & garlic mushrooms, Sylvain Star gruyere, topped with home made hollandaise

Three Egg Omelettes

All omelettes served with local red potato hash browns
All omelettes are served gluten free when substituted with gluten free bun for \$2

★ **Veggie** \$13.00
Bell peppers, mushrooms, spinach, green onion, topped with homemade bruschetta

★ **Albertan** \$15.00
Homemade bison chili & Sylvan Star aged cheddar topped with sour cream & green onion

★ **Basil & Tomato** \$13.50
Gull Valley grape tomatoes, fresh basil, Sylvan Star gruyere

★ **Mexicalli** \$15.00
Broek Pork chorizo, goat feta, bell peppers, pickled red onion, grape tomatoes. Topped with pico de gallo & avocado

★ **All In** \$16.00
Local naturally cured bacon, Broek Pork sausage and back bacon with bell peppers, mushrooms, green onions & Sylvan Star peppered gouda

Eggs Benedict

Available on gluten free bun for \$2 more

2 Sylvan Star poached eggs on a toasted english muffin, topped with homemade hollandaise. Served with local red potato hash browns, your choice of:

★ **Back Bacon & Grilled Tomato** \$15.00
★ **Smoked Salmon & Avocado** \$15.00
★ **Blue Star Burger Benny** \$15.00
★ **Broek Pulled Pork** \$15.00

Breakfast Burritos

Served with local red potato hash browns.

Roborito \$13.50
3 Sylvan Star scrambled egg whites, bell peppers, pico de gallo & pickled onions. Wrapped in a whole-wheat tortilla with Sylvan Star peppered gouda & refried beans. Garnished with avocado & salsa
Add Broek Pork sausage or Spolumbo's chicken sausage for \$4.00

Blue Star Burrito \$13.50
3 Sylvan Star eggs scrambled with cilantro, bell peppers, pickled red onion, mushrooms, Sylvan Star aged cheddar, refried beans. Garnished with avocado, salsa & sour cream
Add Broek Pork chorizo or Spolumbo's chicken sausage for \$4.00

Sides	Garlic Toast	\$3.25	Home-Cut Fries	\$4.25 sm	\$6.25 lg
	Single Slice French Toast	\$4.00	Yam Fries	\$4.75 sm	\$6.75 lg
	Single Pancake	\$4.00	Hash Browns	\$4.25 sm	\$6.25 lg
	Local Naturally Cured Bacon	\$4.50	Fresh Fruit	\$4.75 sm	\$8.75 lg
	Broek Pork Sausage	\$4.50	Sylvan Star Egg	\$2.25	
	Spolumbo's Chicken Sausage	\$4.50	1/2 Grapefruit	\$3.25	
	Grilled Corn Tortilla's	\$2.00	1/2 Avocado	\$3.00	
	Hollandaise Sauce	\$2.00	Tomato Slices	\$3.50	
	Hemp Hearts	\$2.00	Toast	\$3.25	
			Yogurt	\$4.00	
			English Muffin	\$3.75	

Please understand that we are small & busy. Substitutions & modifications will not always be possible.
Feel free to ask & we will do what we can.

Please ask us about our Gift Certificates.

809 1st Ave NE (403) 261 9998 visit us at www.bluestardiner.ca

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Soups & Salads

All salads are served gluten free when substituted with a gluten free bun at no charge

★★ **Green Salad** **Small ... \$5.95 Large ... \$9.75**
Field berry vinaigrette, field berries, organic greens with cucumber, toasted pumpkin seeds, Gull Valley tomatoes, red onions. Served with garlic baguette or gluten free bun

★★ **Blue Star Salad** **Small ... \$6.75 Large ... \$9.95**
Maple wine vinaigrette, candied blue cheese walnuts, organic greens, sliced apple, avocado, Gull Valley tomato. Served with Engel's garlic baguette or gluten free bun
Add local naturally cured bacon for \$3

★★ **Black Bean Soup** **Cup ... \$4.95 Bowl ... \$8.75**
Corn, cilantro, onions, red peppers & lime. Served with garlic baguette or gluten free bun

★ **Bison Chili** **Cup ... \$8.25 Bowl ... \$12.50**
Albertan Bison slow cooked in a homemade tomato sauce this chili has a bit of heat and a bit of sweet! Topped with Sylvan Star cheddar cheese, sour cream, green onions & fresh tomato. Served with garlic baguette or gluten free bun

Veggie Burgers

With local home-cut fries
Soup, green salad, or yam fries are available for \$1

★★ **Vegan Black Bean Burger** **\$14.75**
Grilled vegan burger, guacamole, pico de gallo, red onion, butter lettuce and tomato. Served on an Engel's all grain bun. (Substitute gluten free bun for \$2 more)

The following 3 veggie burgers contain cheese and wheat:

Blue Star Veggie Burger **\$14.75**
Grilled vegetable burger, avocado, banana peppers, tomato, butter leaf lettuce, Sylvan Star aged cheddar & mayo. Served on an Engel's all grain bun

Spinach & Feta Veggie Burger **\$14.75**
Grilled vegetable burger, fresh spinach, Gull Valley tomato, goat feta & sun-dried tomato jam. Served on an Engel's all grain bun

Pesto & Gruyere Veggie Burger **\$14.75**
Grilled vegetable burger, Gull Valley tomato, butter leaf lettuce, basil pesto & Sylvan Star gruyère. Served on an Engel's all grain bun

Sylvan Star Grilled Cheese

With local home-cut fries.
Substitute soup, green salad, or yam fries for \$1
Your choice of:

Bison Stacker **\$14.75**
Three slices of Engel's sourdough, loads of homemade Bison chili and Sylvan Star cheddar cheese

Granny Smith **\$13.50**
Green apple slices, sautéed onions and Sylvan Star gruyère on Engel's linseed rye

Pesto **\$13.50**
Tomato, roasted red pepper, and Sylvan Star peppered gouda cheese on Engel's multi grain

Fried Mortadella **\$13.95**
Sylvan Star Gruyere, mixed mustard on Engel's sourdough

Burgers

Available on gluten free buns for \$2 more.

All of our burgers are served on onion kaiser buns with local home-cut fries.
All of the meat in our burgers is locally & conscientiously raised, free range & chemical free.
Substitute soup, green salad, or yam fries are available for \$1

★ **Dairy Lane Burger** **\$11.75**
Crystal Creek 28 day aged Angus beef, tomato, butter leaf lettuce, pickled red onion & DL burger mayo
Add local naturally cured Bacon for \$2.50
Add Sylvan Star Aged Cheddar, Peppered Gouda, or Gruyère for \$2.50
Add Sautéed Garlic Mushrooms for \$1.50
Add Fried Egg for \$2.50

★ **Spicy Chorizo Pork Burger** **\$16.25**
Broek Pork chorizo & ground pork topped with sautéed balsamic onions, granny smith apples, bacon, Sylvan Star peppered gouda, butter leaf lettuce, tomato & chili mayo

★ **Alberta Honey & Dijon Chicken Burger** **\$15.75**
Missing Link ground chicken mixed with local honey & dijon mustard topped with Sylvan Star gruyère, roasted red pepper, Gull Valley tomato, butter leaf lettuce, pickled red onion & sun-dried tomato jam

★ **Lamb Burger** **\$15.75**
Alberta Lamb, Gull Valley tomato, fresh spinach, red onion, feta, tzatziki sauce & red pepper mayo

★ **Bison Burger** **\$15.75**
Local bison, sun-dried tomato, rosemary, homemade ranch, Gull Valley tomato, butter leaf lettuce, pickled red onion



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